

ON METRIC RAMSEY-TYPE DICHOTOMIES

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ABSTRACT

The classical Ramsey theorem states that every graph contains either a large clique or a large independent set. Here similar dichotomic phenomena are investigated in the context of finite metric spaces. Namely, statements are provided of the form ‘every finite metric space contains a *large* subspace that is *nearly* equilateral or *far* from being equilateral’. Two distinct interpretations are considered for being ‘far from equilateral’. Proximity among metric spaces is quantified through the metric distortion α . Tight asymptotic answers are provided for these problems. In particular, it is shown that a phase transition occurs at $\alpha = 2$.

1. Introduction

A Ramsey-type theorem states that large systems necessarily contain large, highly structured subsystems. Here we consider Ramsey-type problems for finite metric spaces, and interpret ‘highly structured’ as being embeddable with low distortion in some ‘simple’ metric spaces.

A mapping between two metric spaces $f : M \rightarrow X$, is called an embedding of M in X . The *distortion* of the embedding is defined as

$$\text{dist}(f) = \sup_{\substack{x,y \in M \\ x \neq y}} \frac{d_X(f(x), f(y))}{d_M(x, y)} \cdot \sup_{\substack{x,y \in M \\ x \neq y}} \frac{d_M(x, y)}{d_X(f(x), f(y))}.$$

The least distortion attainable by any embedding of M in X is denoted by $c_X(M)$. When $c_X(M) \leq \alpha$ we say that M α -embeds in X . When M α -embeds in X via a bijection, we say that M and X are α -equivalent.

This paper deals with the following notion.

DEFINITION 1 (metric Ramsey function). For a given class of metric spaces \mathcal{X} we denote by $R_{\mathcal{X}}(\alpha, n)$ the largest integer m such that any n -point metric space has a subspace of size m that α -embeds into some $X \in \mathcal{X}$. When $\mathcal{X} = \{\ell_p\}$ we use the notation R_p .

In [7], Bourgain, Figiel, and Milman study this function for $\mathcal{X} = \{\ell_2\}$, as a non-linear analog of the classical Dvoretzky theorem [8]. They prove the following.

THEOREM 1 [7]. *For any $\alpha > 1$ there exists $C(\alpha) > 0$ such that $R_2(\alpha, n) \geq C(\alpha) \log n$. Furthermore, there exists $\alpha_0 > 1$ such that $R_2(\alpha_0, n) = O(\log n)$.*

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Lower bounds which improve on Theorem 1 for large α were obtained in [2], and the Euclidean metric Ramsey problem was comprehensively studied in [3]. There, the lower bound on R_2 was achieved via embedding into a special type of ℓ_2 metrics, namely *ultrametrics*. Denote by UM the class of ultrametrics. The following phase transition was established.

THEOREM 2 [3]. *Let $n \in \mathbb{N}$. Then the following hold.*

(1) *For every $1 < \alpha < 2$,*

$$c(\alpha) \log n \leq R_{\text{UM}}(\alpha, n) \leq R_2(\alpha, n) \leq 2 \log n + C(\alpha),$$

where $c(\alpha), C(\alpha)$ may depend only on α .

(2) *For every $\alpha > 2$,*

$$n^{c'(\alpha)} \leq R_{\text{UM}}(\alpha, n) \leq R_2(\alpha, n) \leq n^{C'(\alpha)},$$

where $c'(\alpha), C'(\alpha)$ depend only on α and satisfy $\max\{0, 1 - c \log \alpha/\alpha\} < c'(\alpha) < C'(\alpha) < \min\{1, 1 - C/\alpha\}$, with $c, C > 0$ universal constants.

In [4], a similar phase transition phenomenon is proved for embeddings in ℓ_p , $p \in [1, 2)$.

A natural refinement of ultrametrics was suggested in [1].

DEFINITION 2 [1]. For $k \geq 1$, a *k-hierarchically well-separated tree (k-HST)* is a metric space whose elements are the leaves of a rooted tree T . To each vertex $u \in T$, a label $\Delta(u) \geq 0$ is associated such that $\Delta(u) = 0$ if and only if u is a leaf of T . The labels are such that if a vertex u is a child of a vertex v then $\Delta(u) \leq \Delta(v)/k$. The distance between two leaves $x, y \in T$ is defined as $\Delta(\text{lca}(x, y))$, where $\text{lca}(x, y)$ is the least common ancestor of x and y in T . T is called *the defining tree* of the hierarchically well-separated tree.

The notion of an ultrametric is easily seen to coincide with that of a 1-hierarchically well-separated tree.

In [3], the Ramsey problem of embedding into k -hierarchically well-separated trees was also studied.

THEOREM 3 [3]. *For any $\varepsilon \in (0, 1]$, and any $k \geq 1$,*

$$R_{k\text{-HST}}(2 + \varepsilon, n) \geq n^{c\varepsilon/\log(2k/\varepsilon)}.$$

In this paper we study Ramsey problems closer in spirit to the original Ramsey problem in combinatorics, which is of a dichotomic nature. More specifically, such theorems state that every metric space contains a large subspace which is close to one of two extremal types of simple metric spaces. In this paper we consider two different (but related) types of dichotomies.

We begin with some motivation. Since every 3-point metric is isometric to a Euclidean triangle, we can associate with it three angles. We say that two 3-point metrics are ε -similar, if the corresponding angles differ by at most ε . Fix some $\varepsilon > 0$. The collection of all 3-point metrics can be partitioned into a constant number of classes such that every two triples in the same class are ε -similar. By Ramsey's theorem, every n -point metric space contains a large homogeneous subset, namely

a set of $f = f(n)$ elements, every two triples in which are ϵ -similar, where f tends to ∞ with n . It is not hard, however, to show that there are only two types of unboundedly large homogeneous sets. Either all triples in such a class are ϵ -similar to the equilateral triangle with angles $(60^\circ, 60^\circ, 60^\circ)$ or all are ϵ -similar to a triple in which the smallest angle is at most ϵ^2 , say. In the latter case, in fact, more is true.

1.1. *The metric dichotomy*

In the first type of dichotomy treated, which we call the *metric dichotomy*, we have on the one hand equilateral spaces, that is metric spaces in which all pairwise distances are equal. The ‘opposite’ extreme are spaces in which every triple of points is far (in the sense of metric distortion) from being an equilateral triangle. We define $F_k(\alpha, n)$ as the largest m such that any n -point metric space contains an m -point subspace which is either α -equivalent to an equilateral space or α -equivalent to a space for which every triple of points has distortion at least k from an equilateral triangle.

The notion of spaces in which no triple is k -equivalent to an equilateral triangle is quite natural. It turns out, however, that in order to analyze the behavior of F_k , it is more convenient (and essentially equivalent) to consider instead binary k -hierarchically well-separated trees, that is k -hierarchically well-separated trees whose defining tree is binary (every vertex has at most two children). The relevant dichotomic Ramsey function is defined as

$$E_k(\alpha, n) = R_{\left\{ \begin{array}{l} \text{binary } k\text{-HSTs} \\ \text{or equilateral spaces} \end{array} \right\}}(\alpha, n).$$

The relation between these notions is clarified in the following proposition.

PROPOSITION 1. *The following two assertions hold.*

(1) *Let M be a binary k -hierarchically well-separated tree and let $S \subset M$, have cardinality $|S| \geq 3$. Then*

$$c_{\{\text{equilateral spaces}\}}(S) \geq k.$$

(2) *Let M be a metric space in which $c_{\{\text{equilateral spaces}\}}(S) \geq k$ for every $S \subset M$ with $|S| \geq 3$, where $k > 2$. Then M is $(k/(k-2))$ -equivalent to a binary $(k/2)$ -hierarchically well-separated tree. In particular,*

$$E_k(\alpha, n) \leq F_k(\alpha, n) \leq E_{k/2}(\alpha k/(k-2), n).$$

THEOREM 4 (the metric dichotomy). (1) *For $\alpha > 2, k > 2$,*

$$\exp(c(\alpha, k)\sqrt{\log n}) \leq E_k(\alpha, n) \leq F_k(\alpha, n) \leq \exp(C(\alpha, k)\sqrt{\log n}).$$

(2) *For $1 < \alpha < 2, k > 2$,*

$$c(\alpha, k) \cdot \frac{\log n}{\log \log n} \leq E_k(\alpha, n) \leq F_k(\alpha, n) \leq C(\alpha, k) \frac{\log n}{\log \log n}.$$

Here $c(\alpha, k), C(\alpha, k) > 0$ depend only on α and k . The bounds above on E_k also hold for $k \in (1, 2)$.

This dichotomic Ramsey problem was first studied implicitly in [5]. It is possible to deduce from that work that $E_{\log n}(4, n) \geq \exp(c\sqrt{\log n / \log \log n})$. A closely related problem was formulated in [2], where some bounds on $E_k(\alpha, n)$ were given.

1.2. *The equilateral/lacunary dichotomy*

Another type of dichotomy that we study was first formulated in [10]. On the one hand, we have again the equilateral metric spaces. At the other extreme of the dichotomy is a class of metric spaces in which the set of pairwise distances is sparse, which we call *lacunary* metric spaces. Recall that the sequence $a_1 \geq a_2 \geq \dots \geq a_n > 0$ is called *k-lacunary* for some $k \geq 1$, if $a_{i+1} \leq a_i/k$ for $i = 1, \dots, n - 1$. A metric d on $\{1, \dots, n\}$ is called *k-lacunary* if there exists a *k-lacunary* sequence $a_1 \geq \dots \geq a_n > 0$ such that for $1 \leq i < j \leq n$, $d(i, j) = a_i$. Alternatively, *k-lacunary* spaces can be defined using hierarchically well-separated trees.

DEFINITION 3. Let $k > 1$. A *k-increasing metric space* is a *k-hierarchically well-separated tree* X such that in the tree defining X each vertex has at most one child which is not a leaf. A *k-lacunary metric space* is a *k-increasing metric space* X such that in the tree defining X , each vertex has at most two children.

Given integers n, k and $\alpha > 1$, we ask for the largest integer m such that every n -point metric space contains an m -point subspace which is α -embeddable in either an equilateral space or a *k-lacunary* space. Formally, we define this quantity to be

$$D_k(\alpha, n) = R_{\left\{ \begin{array}{l} k\text{-lacunary spaces} \\ \text{or equilateral spaces} \end{array} \right\}}(\alpha, n).$$

When $k > 1$, this function exhibits a phase transition at $\alpha = 2$. When $k = 1$, no phase transition occurs.

THEOREM 5 (the equilateral/lacunary dichotomy). (1) For $\alpha > 2, k > 1$,

$$c(\alpha, k) \cdot \frac{\log n}{\log \log n} \leq D_k(\alpha, n) \leq C(\alpha, k) \cdot \frac{\log n}{\log \log n}.$$

(2) For $1 < \alpha < 2, k > 1$,

$$c(\alpha, k)\sqrt{\log n} \leq D_k(\alpha, n) \leq C(k)\sqrt{\log n}.$$

(3) For any $\alpha > 1$,

$$c(\alpha) \log n \leq D_1(\alpha, n) \leq C \log n.$$

Here $c(\alpha, k), C(\alpha, k) > 0$ depend only on α and k , $c(\alpha) > 0$ depends only on α , $C(k) > 0$ depends only on k , and $C > 0$ is an absolute constant.

Dichotomic metric Ramsey problems have been studied for some time now. The proof of [7, Theorem 1] uses embedding into 1-increasing spaces (a class which contains both *k-lacunary* spaces and equilateral spaces). Karloff, Rabani, and Ravid [10] have studied the dichotomic problem in the context of online computation, and obtained the lower bound above for $D_k(4, n)$. In [2] some of the upper bounds in Theorem 5 are proved.

REMARK 1. In graph theory, the study of dichotomic Ramsey problems is usually not restricted to the symmetric case. In our setting this translates to questions such as: given $\alpha \geq 1, k > 1, e, f \in \mathbb{N}$, what is the smallest n such that every n -point metric space contains either an e -point subspace which is α -equivalent to an equilateral space or an f -point subspace which is α -equivalent to a k -lacunary space (respectively a binary k -hierarchically well-separated tree)? All our proofs extend in a straightforward manner to give similarly tight bounds for the non-symmetric problems as well.

Our proof of Theorem 4 relies on Theorem 3. On the other hand, our proof for the equilateral/lacunary dichotomy is elementary. We therefore start with an elementary proof of Theorem 5 (Section 2), and then give a short proof, based on a tool from [3], of Theorem 4 (Section 3).

2. The equilateral/lacunary dichotomy

In this section we prove Theorem 5. A careful reading of the proof in [7] shows that every n -point metric space M contains, for any $\epsilon > 0$, a subspace Y which is $(1 + \epsilon)$ -embeddable in a 1-increasing space, and $|Y| = \Omega((\epsilon/\log(1/\epsilon)) \log n)$.

We begin with a simplified proof of this, which works for k -increasing space for any $k \geq 1$.

THEOREM 6. Fix an integer $n, 0 < \epsilon < 1$ and $k \geq 1$. Then any n -point metric space X contains a subspace $Y \subset X$ which is $(1 + \epsilon)$ -embeddable in a k -increasing space and

$$|Y| \geq \frac{\epsilon}{6 \log(12/\epsilon) \log(2k)} \cdot \log n.$$

We start with the following simple lemma.

LEMMA 1. Let M be an n -point metric space and $0 < \epsilon < 1$. Then there are $x \in M, A \subset M$ and $\lambda \in [1, 2]$ with the following properties.

- (1) $|A| \geq \epsilon n/4$.
- (2) For every $z \in A, \lambda \text{diam}(M)/2(1 + \epsilon) \leq d(x, z) < \lambda \text{diam}(M)/2$.

Proof. Denote $\Delta = \text{diam}(M)$. Take $x, \bar{x} \in M$ such that $d(x, \bar{x}) = \Delta$. The two sets $Z = \{y \in M; d(y, x) < \Delta/2\}$ and $Z' = \{y \in M; d(y, \bar{x}) < \Delta/2\}$ are disjoint, so we may assume that $|Z| \leq n/2$. We split $M \setminus Z$ into layers:

$$S_i = \left\{ z \in M; (1 + \epsilon)^{i-1} \frac{\Delta}{2} \leq d(x, z) < (1 + \epsilon)^i \frac{\Delta}{2} \right\}.$$

Since $|M \setminus Z| \geq n/2$, there exists $1 \leq i_0 \leq \lceil \log_{1+\epsilon} 2 \rceil$ such that

$$|S_{i_0}| \geq \frac{n}{2 \lceil \log_{1+\epsilon} 2 \rceil} \geq \frac{\epsilon n}{4}.$$

Take $A = S_{i_0}$ and $\lambda = \min\{2, (1 + \epsilon)^{i_0}\}$ to obtain the required result. □

We also need the following numerical lemma.

LEMMA 2. Let $\{a_i\}_{i=1}^m$ be a sequence of positive numbers, satisfying for any $i < j, a_j \leq 2a_i$. Fix $\epsilon > 0$ and $k \geq 1$. Then there exists $L \subset \{1, \dots, m\}$, of

cardinality $|L| \geq m/(\lceil \log_{1+\epsilon}(2k) \rceil + 1)$, and a sequence $\{b_i\}_{i \in L}$ such that for any $i \in L$, $a_i \leq b_i \leq a_i(1 + \epsilon)$, and for any $i < j$ in L , either $b_i = b_j$ or $b_j \leq b_i/k$.

Proof. For every $a > 0$, let $t(a)$ be the unique integer such that $a \in ((1 + \epsilon)^{t(a)-1}, (1 + \epsilon)^{t(a)})$. Set $r = \lceil \log_{1+\epsilon}(2k) \rceil + 1$. For $j \in \{0, \dots, r - 1\}$ define

$$L_j = \{1 \leq i \leq m; t(a_i) \equiv j \pmod{r}\}.$$

There is an integer $0 \leq j \leq r - 1$ such that $|L_j| \geq m/r$. Set $L = L_j$. Define for $i \in L$, $b_i = (1 + \epsilon)^{t(a_i)}$, hence $a_i \leq b_i \leq a_i(1 + \epsilon)$. Fix $i, j \in L$, $i < j$. Then either $t(a_i) = t(a_j)$, in which case $b_i = b_j$, or otherwise $t(a_j) \notin (t(a_i) - r, t(a_i) + r)$. We claim that $t(a_j) \leq t(a_i) - r$. Indeed, otherwise $t(a_j) \geq t(a_i) + r$, and therefore $a_j > a_i(1 + \epsilon)^{r-1} \geq 2a_i$, which contradicts the assumptions. Therefore $b_j \leq b_i/(1 + \epsilon)^r \leq b_i/k$. \square

Proof of Theorem 6. Set $\Delta = \text{diam}(M)$. Let $x_1 \in M$, $A_1 \subset M$, $\lambda_1 \in [1, 2]$ be as in Lemma 1. Iterate this construction for A_1 until we reach a singleton. We construct in this way $x_1, \dots, x_m \in M$, $\lambda_1, \dots, \lambda_m \in [1, 2]$ and $A_m \subset A_{m-1} \subset \dots \subset A_1 \subset M = A_0$ with the following properties.

- (a) $|A_{i+1}| \geq (\epsilon/4)|A_i|$.
- (b) For every $z \in A_{i+1}$, $\lambda_{i+1} \text{diam}(A_i)/2(1 + \epsilon) \leq d(x_{i+1}, z) < \lambda_{i+1} \text{diam}(A_i)/2$.
- (c) $A_m = \{x_m\}$ and $|A_{m-1}| > 1$

These conditions imply in particular that $m \geq \log n/\log(4/\epsilon)$.

The set $\{x_1, \dots, x_m\}$ is therefore $(1 + \epsilon)$ -equivalent to a metric similar to an increasing space, but the labels are not monotonic. We solve this problem by an appropriate sparsification. Put $l_i = \lambda_i \text{diam}(A_{i-1})/2$. Note that if $i > j$ then $l_i \leq 2l_j$. Indeed, this follows from the fact that $A_i \subset A_j$ and $\lambda_i, \lambda_j \in [1, 2]$. Apply Lemma 2 to the sequence $\{l_i\}_{i=1}^m$, and let $\{b_i\}_{i \in L}$ be the resulting sequence. Let $c_1 > c_2 > \dots > c_s$ be such that $\{c_1, \dots, c_s\} = \{b_i; i \in L\}$.

For $i = 1, \dots, s$ define $J_i = \{h \in L; b_h = c_i\}$ and put $B_i = \cup_{h \in J_i} A_h$. Set also $B_0 = M$. We construct a labelled tree T as follows. The root of T is B_1 , and the rest of the vertices are $\{x_i\}_{i \in L}$ and $\{B_i\}_{i=2}^s$. For $i \in L$, x_i is a leaf of T . The children of B_i are B_{i+1} and each of $\{x_h\}_{h \in J_i}$. We label T by setting for each $i \in L$, $\Delta(x_i) = 0$, for $i = 1, \dots, s$ and $\Delta(B_i) = c_i$. By Lemma 2, $\Delta(B_{i+1}) \leq \Delta(B_i)/k$.

Set $X = \{x_h\}_{h \in L_j}$. We have proved that X is a k -increasing space. Take $a, b \in L$, $a < b$. Assume that $a \in J_p$, $b \in J_q$, $p \leq q$. Since $x_b \in A_a$ we get

$$d_X(x_a, x_b) = \Delta(B_p) = b_a \leq (1 + \epsilon)l_a = \frac{(1 + \epsilon)\lambda_a \text{diam}(A_{a-1})}{2} \leq (1 + \epsilon)^2 d(x_a, x_b),$$

and

$$d_X(x_a, x_b) = \Delta(B_p) = b_a \geq l_a = \frac{\lambda_a \text{diam}(A_{a-1})}{2} \geq d(x_a, x_b).$$

This proves that $\{x_h\}_{h \in L}$ is $(1 + \epsilon)^2$ -equivalent to a k -increasing space. The estimate on $|L|$ gives the required result. \square

We can now deduce that any large metric space contains a large subspace which is close to either an equilateral space or to a lacunary space.

PROPOSITION 2. *Let X be an n -point metric space, $k \geq 1$, and $\epsilon > 0$. Then X contains a subspace Y which is $(1 + \epsilon)$ -equivalent to either an equilateral space or*

a k -lacunary space, and such that

$$|Y| \geq c \sqrt{\frac{\epsilon}{\log(2/\epsilon)} \cdot \frac{\log n}{\log k}},$$

where c is an absolute constant.

Proof. By Theorem 6, it is enough to prove that any m -point k -increasing metric space contains (isometrically) either an equilateral space of size \sqrt{m} or a k -lacunary space of size \sqrt{m} .

Let X be an m -point k -increasing space. Let T be the tree defining X . If T contains an internal vertex with \sqrt{m} leaves then these leaves form an equilateral space. Otherwise T contains at least \sqrt{m} internal vertices which have at least one child which is a leaf. These leaves form a k -lacunary metric space. \square

For distortion $\alpha < 2$, Proposition 2 is tight. Here is a matching upper bound.

PROPOSITION 3. *For any $\alpha \in [1, 2)$, any $k > 1$ and any integer n there exists an n -point metric space X such that no subset of X with cardinality greater than $(c/\log k)\sqrt{\log n}$ is α -equivalent to an equilateral space or a k -lacunary space. Here c is an absolute constant.*

The proof of Proposition 3 is based on the notion of simple metric composition. This is a special case of a more general definition that was introduced in [3].

DEFINITION 4 (simple metric composition). Let M, N be two finite metric spaces and let $\beta \geq 1$. The β -composition of M and N is a metric space on $M \times N$ which we denote by $L = M_\beta[N]$. Distances in L are defined by

$$d_L((i, j), (k, l)) = \begin{cases} d_N(j, l) & i = k \\ \beta\gamma d_M(i, k) & i \neq k, \end{cases}$$

where $\gamma = \text{diam}(N)/\min_{i \neq k} d_M(i, k)$. It is easily checked that the choice of the factor $\beta \cdot \gamma$ guarantees that d_L is indeed a metric.

In words, first multiply the distances in M by $\beta \cdot \gamma$, and then replace each point of M by an isometric copy of N .

We also use the notation $\Phi(X) = \text{diam}(X)/\min_{x, y \in X, x \neq y} d_X(x, y)$. This is the *aspect ratio* of the metric space X , and in other words, the Lipschitz distance between X and an equilateral space. We begin with three simple lemmas.

LEMMA 3. *Let X be a finite metric space which is α -embeddable in a k -lacunary metric space for some $k, \alpha > 1$. Then $|X| \leq 2 + \log_k(\alpha\Phi(X))$.*

Proof. Let Y be a k -lacunary space that is α -equivalent to X . Hence $\Phi(Y) \leq \alpha\Phi(X)$. A simple induction on $|Y|$ shows that for any k -lacunary space Y , $\Phi(Y) \geq k^{|Y|-2}$. \square

LEMMA 4. *Let M, N be finite metric spaces, and let $\beta > \alpha \geq 1$. Then every subset $S \subset M_\beta[N]$ with $\Phi(S) \leq \alpha$ is 1-embeddable either in M or in N .*

Proof. For every $x \in M$ denote $D_x = \{(x, y) \in M \times N; y \in N\}$. If $S \subset D_x$ for some $x \in M$ then S is 1-embeddable in N . If for each $x \in M$, $|S \cap D_x| \leq 1$ then S is 1-embeddable in M . Otherwise there are $a, b, c \in S$ and $x, y \in M$, $a \neq b$, $x \neq y$, such that $a, b \in D_x$ and $c \in D_y$. Hence

$$\frac{d_S(a, c)}{d_S(a, b)} \geq \frac{\beta \gamma \min_{u \neq v} d_M(u, v)}{\max_{u, v \in N} d_N(u, v)} \geq \beta > \alpha,$$

which contradicts the fact that $\Phi(S) \leq \alpha$. □

LEMMA 5. *Let M, N be finite metric spaces. Fix $k, \alpha \geq 1$ and $\beta \geq \max\{1, \alpha/k\}$. Then every $S \subset M_\beta[N]$ which is α -embeddable in a k -lacunary metric space has a subset $T \subset S$ that is 1-embeddable in M and $S \setminus T$ is 1-embeddable in N .*

Proof. Let $a_1 \geq \dots \geq a_n > 0$ be a k -lacunary sequence, that is, $a_{i+1} \leq a_i/k$. It is easy to verify that for every four distinct integers $1 \leq i_1, i_2, i_3, i_4, \leq n$,

$$\max\{a_{\min\{i_1, i_2\}}, a_{\min\{i_3, i_4\}}\} \geq k \min\{a_{\min\{i_1, i_3\}}, a_{\min\{i_1, i_4\}}, a_{\min\{i_2, i_3\}}, a_{\min\{i_2, i_4\}}\}.$$

Since S is α -embeddable in a k -lacunary space, it follows that for every distinct $x_1, x_2, x_3, x_4 \in S$,

$$\max\{d_S(x_1, x_2), d_S(x_3, x_4)\} \geq \frac{k}{\alpha} \min\{d_S(x_1, x_3), d_S(x_1, x_4), d_S(x_2, x_3), d_S(x_2, x_4)\}. \tag{1}$$

As before, denote $\gamma = \max_{x, y \in N} d_N(x, y) / \min_{x \neq y} d_M(x, y)$ and for $x \in M$, $D_x = \{(x, y) \in M \times N; y \in N\}$. It is sufficient to prove that there is at most one $x \in M$ such that $|S \cap D_x| > 1$. This is true since otherwise there would be four distinct points $p, q, r, s \in N$ and two distinct points $x, y \in M$ such that $p, q \in D_x$ and $r, s \in D_y$. Now

$$\frac{\max\{d_S(p, q), d_S(r, s)\}}{\min\{d(p, r), d(p, s), d(q, r), d(q, s)\}} \leq \frac{\max_{u, v \in N} d_N(u, v)}{\beta \gamma \min_{u \neq v} d_M(u, v)} = \frac{1}{\beta} < \frac{k}{\alpha},$$

which contradicts (1). □

Proof of Proposition 3. Let $G = (V, E)$ be a graph of diameter 2 on $[2^{\sqrt{\log n}}]$ vertices, with no independent sets and no cliques larger than $C\sqrt{\log n}$, where C is an absolute constant. It is well known and easy to prove that almost all graphs have these properties, see [6, 9].

Let M be the metric defined by G . Define $M_1 = M$, and $M_i = M_\beta[M_{i-1}]$, where $\beta = 2$. First we prove by induction that for each $i \geq 1$, if $S \subset M_i$ is α -embeddable in an equilateral space then $|S| \leq C\sqrt{\log n}$. For $i = 1$ consider a subset $S \subset M$ that is α -embeddable in an equilateral space. Since $\alpha < 2$, and G has diameter 2, all the distances in S must be either 1 or 2. Thus S is either a clique or an independent set, so that $|S| \leq C\sqrt{\log n}$. Now let $i > 1$ and consider $S \subset M_i = M_\beta[M_{i-1}]$ that is α -embeddable in an equilateral space. By Lemma 4, S is 1-embeddable in either M or M_{i-1} , which by induction implies that $|S| \leq C\sqrt{\log n}$.

We now prove by induction on i that if $S \subset M_i$ is α -embeddable in a k -lacunary space then $|S| \leq i(1 + \log_k(2\alpha))$. For $i = 1$ this follows from Lemma 3. For $i > 1$ let $S \subset M_i = M_\beta[M_{i-1}]$ be α -embeddable in a k -lacunary space. By Lemma 5 this implies that there is $A \subset S$ that 1-embeds into M and $S \setminus A$ 1-embeds into M_{i-1} .

By the induction hypothesis,

$$|S| = |A| + |S \setminus A| \leq 1 + \log_k(2\alpha) + (i - 1)(1 + \log_k(2\alpha)) = i(1 + \log_k(2\alpha)).$$

Take $t = \lceil \sqrt{\log n} \rceil$ and note that $|M_t| \geq n$. The space $X = M_t$ satisfies our claim. \square

For every $b > a > 1$, it is easy to extract from every a -lacunary sequence a long b -lacunary subsequence, by skipping each time appropriately many terms in the sequence. We record this simple fact for future reference.

LEMMA 6. *For every $b > a > 1$, every a -lacunary sequence of length n contains a subsequence of length $n/\lceil 1 + \log_a b \rceil$ which is b -lacunary. Hence any n -point a -lacunary metric space contains a b -lacunary subspace of the above size.*

Using a technique similar to [10], we now prove the following.

PROPOSITION 4. *For any $k > 1$, $\alpha > 2$ and any integer n , every n -point metric space contains a subspace of cardinality at least $(\log(\alpha/2)/2\log(\alpha k)) \cdot (\log n/\log \log n)$ which is α -embeddable in either an equilateral space or a k -lacunary space.*

Proof. Let (M, d) be an n -point metric space. Denote $\Delta = \text{diam}(M)$, and let $x, \bar{x} \in M$ be a diametrical pair, that is, $d(x, \bar{x}) = \Delta$. Let $x = x_1, \dots, x_s$ be a maximal subset in M containing x such that for every $i \neq j$, $d(x_i, x_j) \geq \Delta/\alpha$. Clearly $\{x_1, \dots, x_s\}$ is α -equivalent to an equilateral space, so that if $s \geq \log n$ we are done. As usual, we denote by $B(x, r) = \{y \in M; d(x, y) < r\}$ the open ball of radius r around x . Let

$$A_1 = B\left(x_1, \frac{\Delta}{\alpha}\right) \quad \text{and} \quad A_{i+1} = B\left(x_{i+1}, \frac{\Delta}{\alpha}\right) \setminus \bigcup_{j=1}^i B\left(x_j, \frac{\Delta}{\alpha}\right).$$

Assume that $s < \log n$. Since $\bigcup_{i=1}^s A_i = \bigcup_{i=1}^s B(x_i, \Delta/\alpha) = M$, it follows that there exists $1 \leq i \leq n$ such that $|A_i| \geq n/\log n$. Observe that there exists $y \in M$ such that $d(y, A_i) \geq \Delta/\alpha$. Indeed, if $i > 1$ then $A_i \subset M \setminus B(x, \Delta/\alpha)$ so that we can take $y = x$. Otherwise, since $\alpha > 2$, for every $z \in A_1 = B(x, \Delta/\alpha)$,

$$d(z, \bar{x}) \geq d(\bar{x}, x) - d(x, z) \geq \Delta - \frac{\Delta}{\alpha} > \frac{\Delta}{\alpha},$$

so that we can take $y = \bar{x}$. Note also that $\text{diam}(A_i) \leq \text{diam}(B(x_i, \Delta/\alpha)) \leq (2/\alpha)\Delta$.

Iterating this construction we get a sequence of points $z_1, \dots, z_m \in M$, and a decreasing sequence of subsets $\{z_m\} = F_m \subset F_{m-1} \subset \dots \subset F_1 \subset F_0 = M$ such that for each i , $z_i \in F_{i-1}$, $d(z_i, F_i) \geq \text{diam}(F_{i-1})/\alpha$, $\text{diam}(F_i) \leq (2/\alpha) \text{diam}(F_{i-1})$ and $|F_i| \geq |F_{i-1}|/\log n$. By induction, $|F_i| \geq n/(\log n)^i$ and since $|F_m| = 1$, necessarily $m \geq \log n/\log \log n$. Moreover, the sequence $\{\text{diam}(F_i)\}_{i=0}^{m-1}$ is $(\alpha/2)$ -lacunary and for $1 \leq i < j \leq m$,

$$\frac{\text{diam}(F_{i-1})}{\alpha} \leq d(z_i, F_i) \leq d(z_i, z_j) \leq \text{diam}(F_{i-1}).$$

This proves that $\{z_i, \dots, z_m\}$ is α -equivalent to a $(\alpha/2)$ -lacunary metric space. If $k < \alpha/2$ we are done. Otherwise, we can apply Lemma 6 to find a subset of $\{z_1, \dots, z_m\}$ which is α -embeddable in a k -lacunary space and with cardinality

at least

$$\frac{m}{\lceil 1 + \log_{\alpha/2} k \rceil} \geq \frac{\log(\alpha/2)}{2 \log(\alpha k)} \cdot \frac{\log n}{\log \log n}. \quad \square$$

We can now establish the equilateral/lacunary dichotomy.

Proof of Theorem 5. The lower bound in part (1) was proved in Proposition 4. In [2, Proposition 29] it is proved that for $2 < \alpha < k$,

$$D_\alpha(n, k) \leq C \frac{\log \alpha}{\log k} \cdot \frac{\log n}{\log \log n}.$$

In the case $\alpha \geq k$, let M be a metric space and $N \subset M$ a subset which is α -embeddable in either an equilateral space or a k -lacunary space. Apply Lemma 6 with $b = \alpha^2$ and $a = k$. We deduce that there is $N' \subset N$ which is α -embeddable in either an equilateral space or a α^2 -lacunary space such that $|N'| \geq |N| \log k / 2 \log \alpha$. By the above-stated result from [2],

$$\frac{|N| \log k}{2 \log \alpha} \leq |N'| \leq C \frac{\log \alpha}{\log(\alpha^2)} \cdot \frac{\log n}{\log \log n},$$

which implies the required result.

Part (b) is a combination of Proposition 2 and Proposition 3. Part (c) is a combination of Theorem 6 and [2, part 4 of Proposition 29]. □

3. The metric dichotomy

Our main aim in this section is to prove Theorem 4. We begin, however, with a proof of Proposition 1.

Proof of Proposition 1. To prove the first assertion note that if x, y, z are three distinct leaves in a binary tree T , then there are $p, q \in T$ such that $p \neq q$, q is a descendant of p and $\{\text{lca}(x, y), \text{lca}(x, z), \text{lca}(y, z)\} = \{p, q\}$. Since $\Delta(p)/\Delta(q) \geq k$, the Lipschitz distance between the triangle $\{x, y, z\}$ and an equilateral triangle is at least k .

To prove the second assertion, denote $\Delta = \text{diam}(M)$, and let $x, \bar{x} \in M$ be a diametrical pair: $d(x, \bar{x}) = \Delta$. Let $B_x = B(x, \Delta/k)$, and $B_{\bar{x}} = B(\bar{x}, \Delta/k)$. Since $k > 2$, the triangle inequality implies that $B_x \cap B_{\bar{x}} = \emptyset$. We claim that $B_x \cup B_{\bar{x}} = M$. Otherwise, there is a $y \in M$ such that $d(x, y) \geq \Delta/k$, and $d(\bar{x}, y) \geq \Delta/k$. However this implies that x, \bar{x}, y are three points for which $c_{\{\text{equilateral spaces}\}}(\{x, \bar{x}, y\}) \leq k$, contrary to our assumption.

We proceed to construct a binary $(k/2)$ -hierarchically well-separated tree L with $\text{diam}(L) = \text{diam}(M)$, and a non-contractive embedding $g: M \hookrightarrow L$ with $\|g\|_{\text{lip}} \leq k/(k-2)$. Inductively, assume that we have already constructed $g_1: B_x \hookrightarrow L_1, g_2: B_{\bar{x}} \hookrightarrow L_2$, where L_1, L_2 are binary k -hierarchically well-separated trees with $\text{diam}(L_1) = \text{diam}(B_x), \text{diam}(L_2) = \text{diam}(B_{\bar{x}})$, and g_1, g_2 are non-contractive embeddings with $\|g_1\|_{\text{lip}} \leq k/(k-2)$, and $\|g_2\|_{\text{lip}} \leq k/(k-2)$. Define $L = L_1 \cup L_2$, and $g: M \hookrightarrow L$ by $g|_{B_x} = g_1, g|_{B_{\bar{x}}} = g_2$. Set the distance between any point in L_1 and any point in L_2 to be Δ . Since $\max\{\text{diam}(L_1), \text{diam}(L_2)\} \leq 2\Delta/k, L$ is a binary $(k/2)$ -hierarchically well-separated tree, g is non-contractive,

$\text{diam}(L) = \text{diam}(M)$, and

$$\|g\|_{\text{lip}} \leq \max \left\{ \|g_1\|_{\text{lip}}, \|g_2\|_{\text{lip}}, \frac{\Delta}{\Delta - 2\Delta/k} \right\} \leq \frac{k}{k-2}. \quad \square$$

We begin with the upper bounds on E_k and F_k for distortions smaller than 2. We give a bound both for E_k and for F_k , since the bound for E_k holds for any $k > 1$, whereas for F_k , it holds only for $k > 2$.

LEMMA 7. *Let X be a finite metric space which is α -embeddable in a binary k -hierarchically well-separated tree for some $k, \alpha > 1$. Then $|X| \leq 2^{1+\log_k(\alpha\Phi(X))}$.*

Proof. Let Y be a binary k -hierarchically well-separated tree that is α -equivalent to X . Hence $\Phi(Y) \leq \alpha\Phi(X)$. The tree defining Y is binary and its depth is therefore $\geq \log_2 |Y|$. A simple induction on $|Y|$ proves that for any binary k -hierarchically well-separated tree Y , $\Phi(Y) \geq k^{\log_2 |Y| - 1}$. \square

PROPOSITION 5. *For any $\alpha \in [1, 2)$, any $k > 1$ and any integer n there exists an n -point metric space X such that no subset of X with cardinality greater than $(c/\log k)(\log n/\log \log n)$ is α -equivalent to an equilateral space or a binary k -hierarchically well-separated tree. Here c is an absolute constant.*

Proof. Again we recall that almost every graph on

$$s = \lceil 2^{2(1+\log_k(2\alpha))\log n/\log \log n} \rceil$$

vertices has diameter 2 and its independence number and clique number are at most $C \log s$, for some absolute constant C .

Let G be such a graph and let M be its metric. Next, define $M_0 = \{a\}$, and $M_i = M_\beta[M_{i-1}]$, where $\beta = 2$.

Similar to the proof of Proposition 3, for each $i \geq 1$, if $S \subset M_i$ is α -embeddable in an equilateral space then $|S| \leq C \log s$. For $i = 1$, if $S \subset M$ is α -embeddable in an equilateral space, then S must either be a clique or an independent set, since $\alpha < 2$. Consequently, $|S| \leq C \log s$. Now let $S \subset M_i = M_\beta[M_{i-1}]$ be α -embeddable in an equilateral space for some $i > 1$. By Lemma 4, S is 1-embeddable in either M or M_{i-1} , which by induction implies that $|S| \leq C \log s$.

We now prove by induction on i that if $S \subset M_i$ is α -embeddable in a binary k -hierarchically well-separated tree then $|S| \leq 2^{i(1+\log_k(2\alpha))}$. For $i = 0$ this is obvious. Assume that $i > 0$ and $S \subset M_i = M_\beta[M_{i-1}]$ is α -embeddable in a binary k -hierarchically well-separated tree. Partition S to $S = S_1 \cup \dots \cup S_\ell$ such that each S_j is a subset of a different ‘copy’ of M_{i-1} . Note that $S_j \subset M_{i-1}$ is α -embeddable in a binary k -hierarchically well-separated tree, and by the inductive hypothesis $|S_j| \leq 2^{(i-1)(1+\log_k(2\alpha))}$. Pick a representative from each S_j , and denote the set of representatives by S' , $|S'| = \ell$. As $S' \subset S$ it is also α -embeddable in a binary k -hierarchically well-separated tree (the defining tree is a subtree of the tree defining the hierarchically well-separated tree of S). The metric of S' is a dilation of a subset of M , and so by Lemma 7, $\ell \leq 2^{1+\log_k(2\alpha)}$. We can therefore estimate

$$|S| \leq \ell \max_{1 \leq j \leq \ell} |S_j| \leq 2^{1+\log_k(2\alpha)} 2^{(i-1)(1+\log_k(2\alpha))} = 2^{i(1+\log_k(2\alpha))}.$$

Note that $|M_t| \geq n$ for $t = \lceil \log \log n / 2(1 + \log_k(2\alpha)) \rceil$. The space $X = M_t$ satisfies the proposition. \square

We give a similar upper bound for the equilateral/triangular variant of this dichotomy.

PROPOSITION 6. *For any $\alpha \in [1, 2)$, any $k > 2$ and any integer n there exists an n -point metric space M such that no subset of M with cardinality greater than $c \log_{k/2}(k/k - 2) \cdot (\log n / \log \log n)$ is α -equivalent to an equilateral space or a space in which no triangle is k -equivalent to an equilateral triangle. Here c is an absolute constant.*

Proof. The proof is almost identical to the proof of Proposition 5. The only change is the reference to Lemma 7. Here instead we use the following claim: any finite metric space X which is α -embeddable in space in which no triangle is $\leq k$ -equilateral, for some $k > 2$, $\alpha > 1$ satisfies $|X| \leq 2^{1 + \log_{k/2}(\alpha(k/k - 2)\Phi(X))}$. This fact is an immediate consequence of Lemma 7 and Proposition 1. □

The proofs of the lower bounds on E_k use the following simple structural lemma.

LEMMA 8. *Let T be a rooted tree with n leaves, in which each vertex has at most $h \geq 2$ children. Then T contains a binary subtree with at least $n^{1/\log_2 h}$ leaves.*

Proof. By induction on the size of T . Let $h' \leq h$ be the number of children of T 's root r . Let T_i be the subtree rooted at the i th child and let n_i be the number of leaves in T_i , where $n_1 \geq n_2 \geq \dots \geq n_{h'}$ and $\sum_{i=1}^{h'} n_i = n$. By the induction hypothesis, T_i has a binary subtree with at least $n_i^{1/\log_2 h}$ leaves. We form a binary subtree of T by joining the binary subtrees of T_1 and T_2 . Together they have at least $n_1^{1/\log_2 h} + n_2^{1/\log_2 h}$ leaves, which is $\geq n^{1/\log_2 h}$ as we now show. First, $n_1^{1/\log_2 h} + n_2^{1/\log_2 h} \geq 2((n_1 + n_2)/2)^{1/\log_2 h}$ since the function $f(x) = x^{1/\log_2 h}$ is concave. Also, f is increasing, and $(n_1 + n_2)/2 \geq n/h' \geq n/h$. Consequently, $n_1^{1/\log_2 h} + n_2^{1/\log_2 h} \geq 2(n/h)^{1/\log_2 h} = n^{1/\log_2 h}$, as claimed. □

The following is a short argument proving the lower bound on E_k for distortions larger than 2.

PROPOSITION 7. *For any $\varepsilon \in (0, 1)$, and $k \geq 1$,*

$$E_k(2 + \varepsilon, n) \geq \exp\left(\sqrt{\frac{c\varepsilon}{\log(2k/\varepsilon)} \log n}\right).$$

Proof. Let M be an arbitrary n -point metric space. By Theorem 3, it contains a subset $N \subset M$ that is $(2 + \varepsilon)$ -equivalent to a k -hierarchically well-separated tree and $|N| \geq n^{c\varepsilon/\log(2k/\varepsilon)}$. Let T be the tree defining this k -hierarchically well-separated tree. The claim is now proved by taking either a large equilateral subspace of T or a large binary subtree of T according to Lemma 8, where $h = \exp(\sqrt{(c\varepsilon/\log(2k/\varepsilon)) \log n})$. □

We note that the above proposition can also be proved by arguments similar to those from [5].

The lower bound on E_k for distortions smaller than 2 is only slightly more complicated.

PROPOSITION 8. For any $\varepsilon > 0, k \geq 1,$

$$E_k(1 + \varepsilon, n) \geq \frac{c\varepsilon}{\log(1/\varepsilon) \log(k/\varepsilon)} \cdot \frac{\log n}{\log \log n},$$

where c is a universal constant.

Proof. Essentially, we repeat the argument from Proposition 7, and find either an h -point subspace that is 3-equivalent to equilateral space or an $(n^{1/\log h})$ -point subspace that is 3-equivalent to binary k -hierarchically well-separated tree. In order to improve the distortion to $1 + \varepsilon,$ we invoke in the first case the classical Ramsey theorem to find a $\geq \log h$ -point subspace which is $(1 + \varepsilon)$ -equivalent to an equilateral space, whereas in the second case we observe that by optimizing the distances in the binary k -hierarchically well-separated tree, we improve the distortion. We choose $h \approx n^{1/\log \log n},$ so that $\log h \approx n^{1/\log h}.$ We now turn to the actual arguments.

Let M be an n -point metric space. Denote $k' = \max\{k, 2 + 2/\varepsilon\}.$ By Theorem 3, M contains a subspace $N \subset M$ that is 3-equivalent to a $(3k')$ -hierarchically well-separated tree, $X,$ via a non-contractive bijection $f : N \rightarrow X,$ and $|N| \geq n^{c/\log k'} = s.$ Let $h = s^{1/\log \log n}.$ Denote by T the tree defining $X.$ We distinguish between two cases.

Case 1: T has a vertex u with out-degree exceeding $h.$ Let v_0, \dots, v_h be distinct children of $u.$ For each $0 \leq i \leq h$ take $x_i \in N$ such that $f(x_i)$ is a leaf of T which is a descendant of $v_i.$ For every $0 \leq i < j \leq h,$ $d(x_i, x_j) \in [\Delta(u)/3, \Delta(u)],$ so that there is a unique integer $c(i, j) \in \{1, 2, \dots, \lfloor \log_{1+\varepsilon} 3 \rfloor\}$ for which

$$d(x_i, x_j) \in \left[\frac{\Delta(u)}{(1 + \varepsilon)^{c(i,j)+1}}, \frac{\Delta(u)}{(1 + \varepsilon)^{c(i,j)}} \right).$$

Set $D = \lfloor \log_{1+\varepsilon} 3 \rfloor$ and color the edges of the complete graph on $\{0, \dots, h\}$ by assigning the color $c(i, j)$ to the edge $[i, j].$ By the classical Ramsey theorem there is a subset $N' \subset \{x_1, \dots, x_h\}$ of size at least

$$\log h/D \log D \geq (c\varepsilon/\log(1/\varepsilon))(\log s/\log \log n)$$

on which the induced complete subgraph is monochromatic. This subset is $(1 + \varepsilon)$ -equivalent to an equilateral space.

Case 2: All the vertices in T have out-degree at most $h.$ In this case, by Lemma 8, T contains a binary subtree S with at least $s^{1/\log_2 h} = \log n$ leaves. Set $L = f^{-1}(S).$ Then $|L| = |S| \geq \log n$ and L is 3-equivalent to a binary $(3k')$ -hierarchically well-separated tree $S.$ In order to improve the distortion we *change the labels of $S.$* Denote by $\Delta(\cdot)$ the original labels on S (inherited from $T).$ We define new labels $\Delta'(\cdot)$ on S as follows. For each vertex $u \in S,$ denote by T_1 and T_2 the subtrees rooted at u 's children. We define $\Delta'(u) = \max\{d_M(x, y); x \in f^{-1}(T_1), y \in f^{-1}(T_2)\},$ and claim that the resulting labelled tree is a binary k' -hierarchically well-separated tree which is $(k'/(k' - 2))$ -equivalent to $L.$ Indeed, let $u, v \in S$ with v a child of $u.$ Since the distances in (S, Δ) are larger than the distances in M by a factor at most 3, $\Delta(u)/3 \leq \Delta'(u).$ On the other hand, since Δ defines $3k'$ -hierarchically well-separated tree, $\Delta'(v) \leq \Delta(v) \leq \Delta(u)/(3k'),$ so that the resulting tree (S, Δ') is indeed k -hierarchically well-separated tree. To bound the distortion, let x, y be two distinct points in $L.$ Thus $f(x), f(y)$ are distinct leaves of S and assume that $\text{lca}(f(x), f(y)) = u, f(x) \in T_1, f(y) \in T_2,$ where T_1 and T_2 are subtrees rooted at children of $u.$ Then $d_M(x, y) \leq \Delta'(u).$ On the other hand, fix $a \in f^{-1}(T_1)$ and

$b \in f^{-1}(T_2)$ for which $d_M(a, b) = \Delta'(u)$. Then

$$\begin{aligned} d_L(x, y) &\geq d_L(a, b) - d_L(a, x) - d_L(b, y) \\ &\geq \Delta'(u) - \Delta(\text{lca}(f(a), f(x))) - \Delta(\text{lca}(f(b), f(y))) \\ &\geq \Delta'(u) - 2\frac{\Delta(u)}{3k'} \\ &\geq \Delta'(u) - \frac{2\Delta'(u)}{k'} = \frac{k' - 2}{k'}\Delta'(u), \end{aligned}$$

since $k' \geq k$, and $k'/(k' - 2) \leq 1 + \varepsilon$, L is $(1 + \varepsilon)$ -equivalent to binary k -hierarchically well-separated tree (S, Δ') . \square

Proof of Theorem 4. The lower bound for $E_k(\alpha, n)$, $\alpha > 2$, is contained in Proposition 7. The upper bound for $F_k(\alpha, n)$, $\alpha, k > 2$ can be derived from results of [2], where it is proved that for $1 < \alpha < k$, $E_k(\alpha, n) \leq 2^{2\sqrt{(\log \alpha / \log k) \log n}}$. In order to prove the upper bound on $E_k(\alpha, n)$ for $1 < k \leq \alpha$, we use another lemma from [2]: for any $k > 1$ and any $h \in \mathbb{N}$, any n -point k -hierarchically well-separated tree contains isometrically a subspace of size $n^{1/h}$ which is a k^h -hierarchically well-separated tree. It is easy to observe that if we start with a *binary* k -hierarchically well-separated tree the resulting subspace is a *binary* k^h -hierarchically well-separated tree. Therefore, if $1 < k \leq \alpha$, we take $h = \lfloor 1 + \log_k \alpha \rfloor$. Using the discussion above, and the fact that $h \geq 1$, we deduce that

$$[E_k(\alpha, n)]^{1/h} \leq E_{k^h}(\alpha, n) \leq 2^{2\sqrt{(\log \alpha / h \log k) \log n}}.$$

As $\log \alpha / h \log k \leq 1$, we conclude that $E_k(\alpha, n) \leq 2^{2h\sqrt{\log n}}$. For $\alpha, k > 2$, by Proposition 1,

$$F_k(\alpha, n) \leq E_{k/2}(\alpha \frac{k}{k-2}, n) \leq 2^{2[1 + \log_{k/2}((k/k-2)\alpha)]\sqrt{\log n}}.$$

The lower bound for $E_k(\alpha, n)$, $\alpha \in (1, 2)$, is contained in Proposition 8. The upper bound for $F_k(\alpha, n)$, $k > 2$, $\alpha \in (1, 2)$ is contained in Proposition 6. The extension of this upper bound for $E_k(\alpha, n)$, $k \geq 1$, $\alpha \in (1, 2)$, is contained in Proposition 5. \square

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